



SCAN FOR FULL GUIDE

Fast facts

Most California IHSS providers leave 40 paid hours unused every year because they think claiming will cost them something. It will not.

Overview

As of July 1, 2024, eligible IHSS providers receive **40 hours of paid sick leave** per fiscal year (July 1 through June 30). Unused hours expire on June 30 and do not carry over. There is no cash-out option.

How you earn it

- ✓ Work **100 hours** of authorized IHSS services
- ✓ Then work **200 more hours** OR wait **60 days**
- ✓ Both are **one-time** requirements

What keeps you qualified

- ✓ Remain an **active** IHSS provider
- ✓ Balance **resets every July 1**
- ✓ Inactive over **1 year**? Balance lost, must re-qualify

Why providers skip claiming (and why they should not)

Most providers leave sick hours unused because they assume claiming will eat into their pay or their recipient's authorization. **None of that is true.** Sick time is a separate, stacked benefit.

✗ Sick hours do **NOT count against weekly maximum**

✗ Sick hours do **NOT count against monthly authorized hours**

✗ Sick hours are **NOT deducted from recipient's authorization**

✗ Sick time pays in a **separate warrant from regular IHSS check**



In plain English: sick time sits on top of your regular pay. Claiming it does not reduce what you can work, and it does not take hours away from your recipient.

24 **The one limit that actually applies:** your work hours and sick hours combined cannot exceed 24 hours in a single day. That is the only daily cap. No weekly or monthly combined cap.

How to claim it

RECOMMENDED Online via ESP

Log in at etimesheets.ihss.ca.gov. Go to Time Entry → Sick Leave Claim.

PAPER OPTION SOC 2302 form

Mail to Sick Leave Processing Center. Recipient signature not required.

Quick rules

- Minimum **1 hour**, then 30-min increments
- Balance of 30 min? Claim just that 30 min

Notice & taxes

- **48 hrs** notice planned, **2 hrs** emergency
- Taxable unless SOC 2298 is on file